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<b>SUBJECT</b>	Student Health and Wellbeing Vancouver Campus
<b>SUBMITTED TO</b>	People, Community & International Committee
<b>MEETING DATE</b>	September 13, 2023
<b>SESSION CLASSIFICATION</b>	Recommended session criteria from Board Meetings Policy: Open
<b>REQUEST</b>	For information only - No action requested
<b>LEAD EXECUTIVE</b>	Ainsley Carry, Vice-President, Students
<b>SUPPORTED BY</b>	Noorjean Hassam, Associate Vice President Student Health & Wellbeing Samantha Reid, Executive Director, Office of the Vice President, Students

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### PRIOR SUBMISSIONS

The subject matter of this submission has previously been considered by the People, Community & International Committee at the [April 8, 2021 PCI Committee meeting](#).

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### EXECUTIVE SUMMARY

Student health and wellbeing, which includes primary and clinical care, mental health care, and health promotion and education, is one of our most important shared responsibilities. UBC is committed to supporting and enhancing the health and wellbeing of our students as a foundational practice in advancing the teaching and learning, and research mission of University.

To continue to meet the evolving health and wellbeing needs of our students a comprehensive collaborative integrated approach is required. The integration vision is to create a student centred, integrated student health and wellbeing unit for students to access primary care, specialists, counselling, and mental health care, and a hub for health promotion and educational programming. The presentation outlines the approach and the continued progress and implementation to date.

### PRESENTATION

1. Student Health and Wellbeing BoG Sept 2023





THE UNIVERSITY  
OF BRITISH COLUMBIA

# STUDENT HEALTH AND WELLBEING

**Board of Governors – PCI Committee**

Noorjean Hassam

Associate Vice President, Student Health and Wellbeing

University of British Columbia

August 2023





# Land Acknowledgement

I would like to begin by acknowledging that the land on which we gather is the traditional, ancestral, and unceded territory of the xwməθkwəyəm (Musqueam) People.



# Overview of Student Health & Wellbeing



**Student  
Health Service  
– Primary  
Care Clinic**

**Counselling  
Services**

**Health Equity,  
Promotion,  
and Education**

**Student  
Recovery  
Community  
(SRC)**

# Student Health Service



## Variety of Providers:

- Nurses
- Nurse practitioners
- Family physicians
- Medical specialists



## Services:

(including but not limited to)

- Medical exams
- Vaccinations
- STI testing
- Contraception (Birth Control)
- Prescriptions
- Referrals to specialists
- Gender affirmation treatment

# Counselling Services



## **Embedded Counsellors in:**

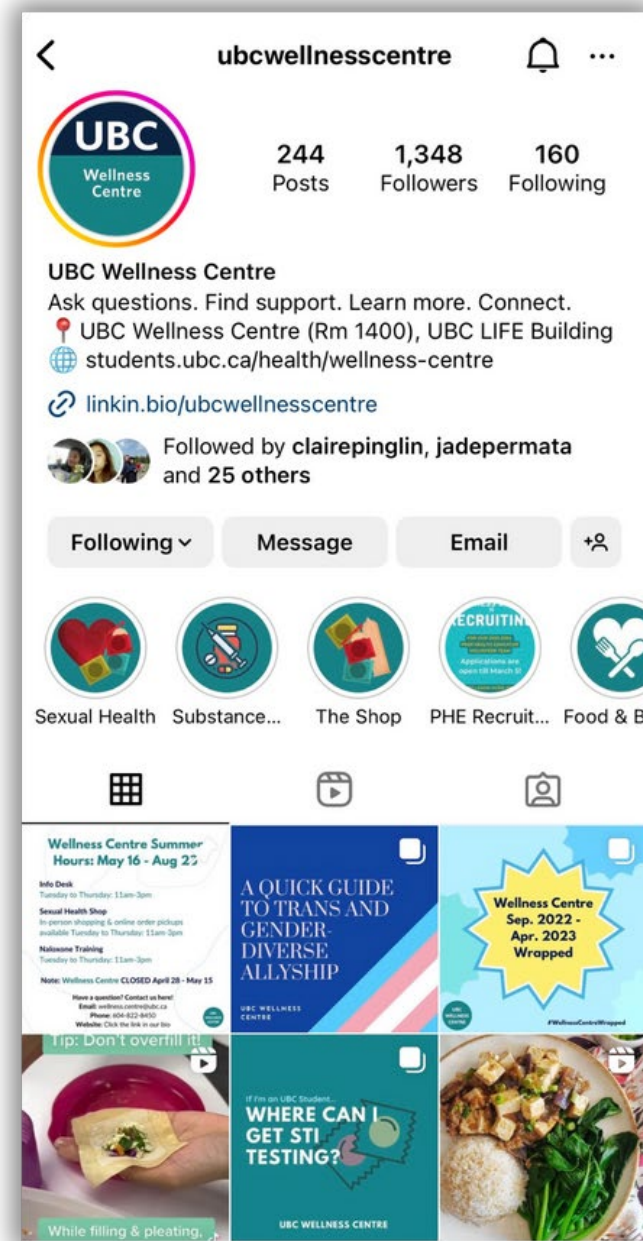
- Almost all Faculty's
- Vantage College
- Residences
- Chan Gunn Centre  
– Varsity

## **Indigenous Student Mental Health and Wellbeing Team**

## **UBC Student Assistance Program**

(Telephone Counsellors  
available 24/7 from  
anywhere)

# Health Equity, Promotion and Education



Wellness Centre on Instagram  
[@ubcwellnesscentre](https://www.instagram.com/ubcwellnesscentre)

## Canvas Courses



## Harm Reduction and Substance Use Health



## Wellness Centre Sexual Health Shop

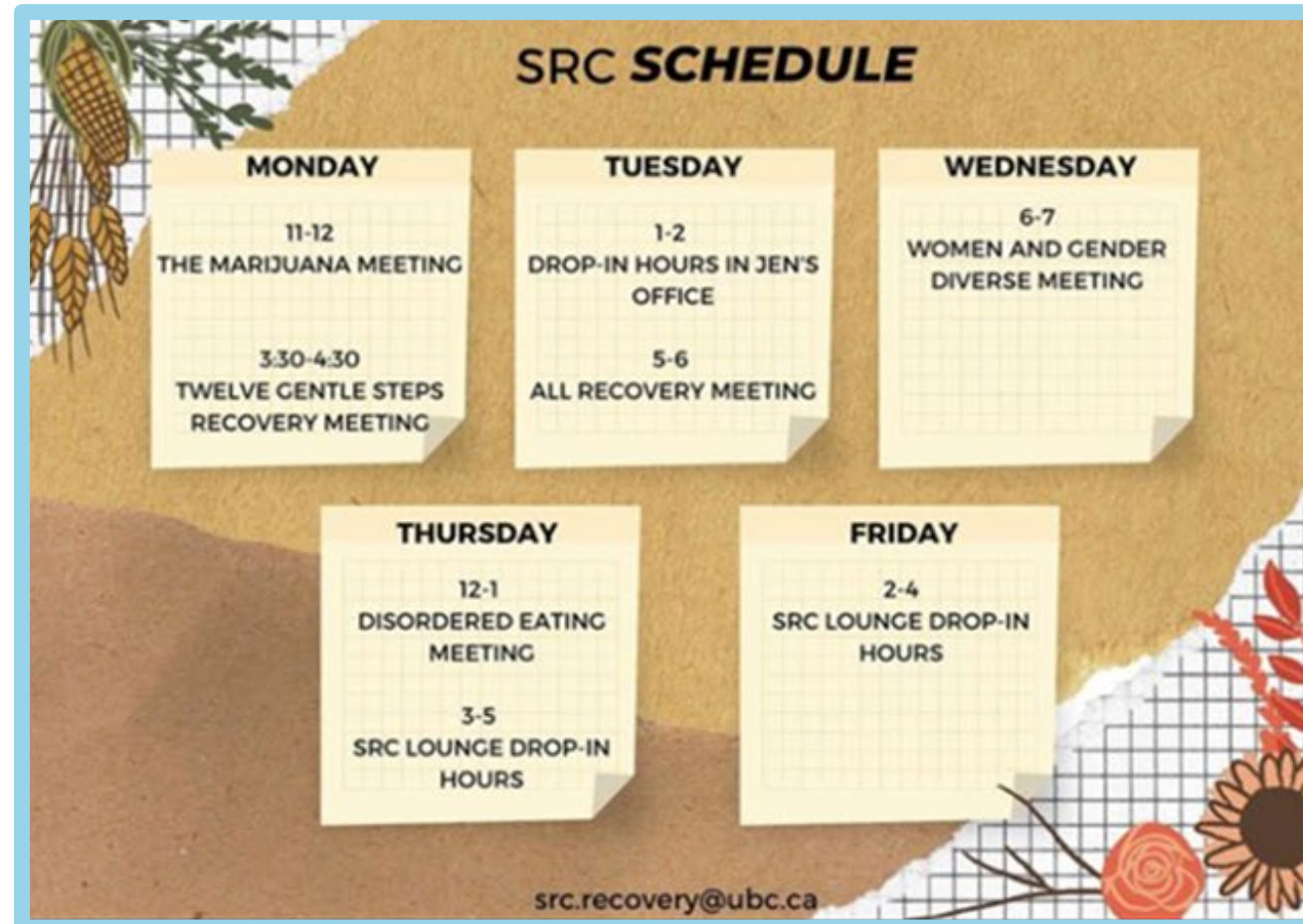


## Workshops





# Student Recovery Community (SRC)





# Recap: SHW Goals for Year 1 & 2



- 1 Listen to students and staff** about current state of services for supporting mental/physical health and engage with them to shape improvements
- 2 Develop a permanent leadership structure and hire leaders**
- 3 Address insufficient funding** for SHW
- 4 Address insufficient staffing/service** capacity to meet student demand and decrease the wait times for services
- 5 Address the lack of diversity** among healthcare providers



# Building the SHW Leadership Team 2021-2022



## Student Health and Wellbeing

Associate Vice-President Student Health and Wellbeing (New)  
Associate Director, Student Health and Wellbeing (2 new)

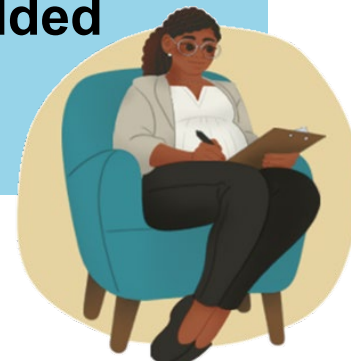
### Counselling Services

Director, Counseling Services  
(Replacement)

Associate Director, Counseling Services  
(Replacement)

Associate Director, Indigenous Health  
and Wellbeing (New)

Associate Director, Embedded  
Counselling (New)



### Student Health Services

Director, Student Health Services (New)

Associate Director, Collaborative Practice  
(New)

Nursing Team Lead (Replacement)

Administrative Managers (2 replacements)

Physician Lead (Revised position – Vacant)



### Health Equity, Promotion, and Education

Director, Health Equity, Promotion, and  
Education (Revised)





# Validate and Increase Funding



## In 2022



Underwent a zero-based budgeting process for the Vice Presidents Students portfolio, including SHW



UBC Executive approved a 5-year \$10 million business case for increased funding for SHW to meet adequate service level ratios and student need



# Student Health & Wellbeing Goals for 2023-2025





# Moving Toward Integration of Student Health and Wellbeing





# Integration of SHW Services and Programs

## Integration Vision

To create a student centered, integrated unit for students to access primary care, specialists, counselling and mental health care, and a hub for health promotion and educational programming

## These commitments guide our work:

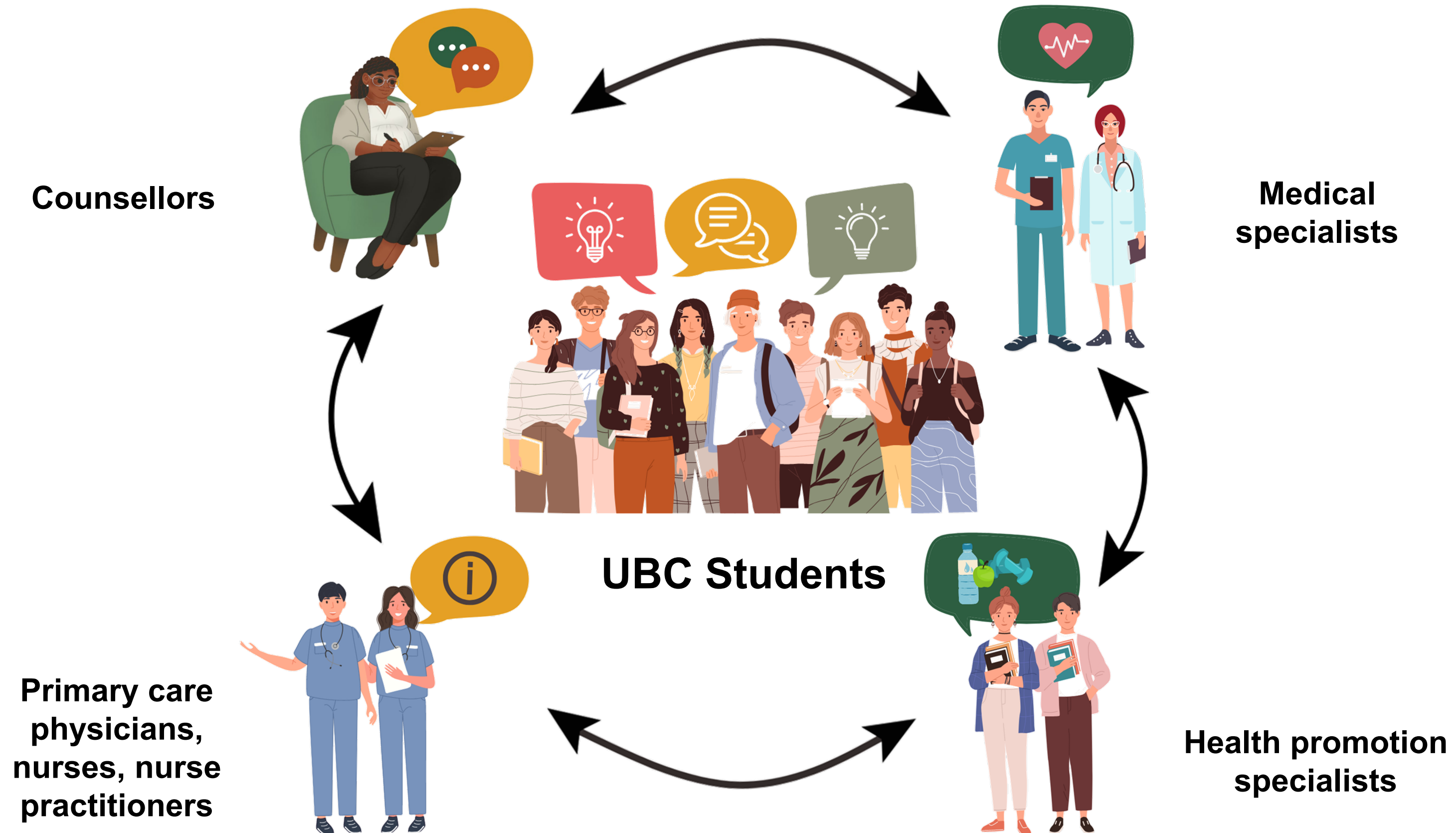
- Respect and Compassion
- Equity and Social Justice
- Connection and Collaboration





# Components of Integration:

## 1) Team Based Care





# Components of Integration:

## 2) Unified Administration Team



**Counselling Admin Team**



**Student Health Service  
Admin Team**

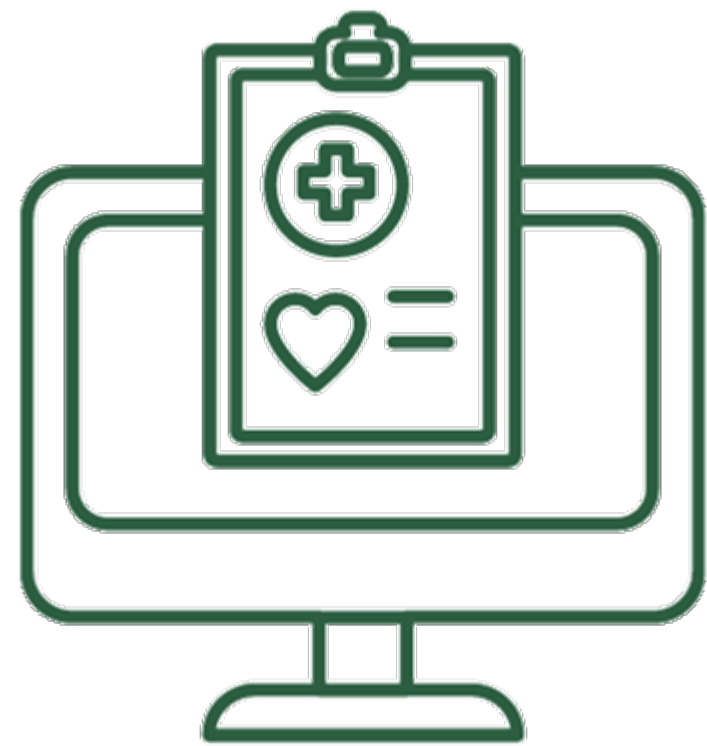


**Unified Administration  
Team**

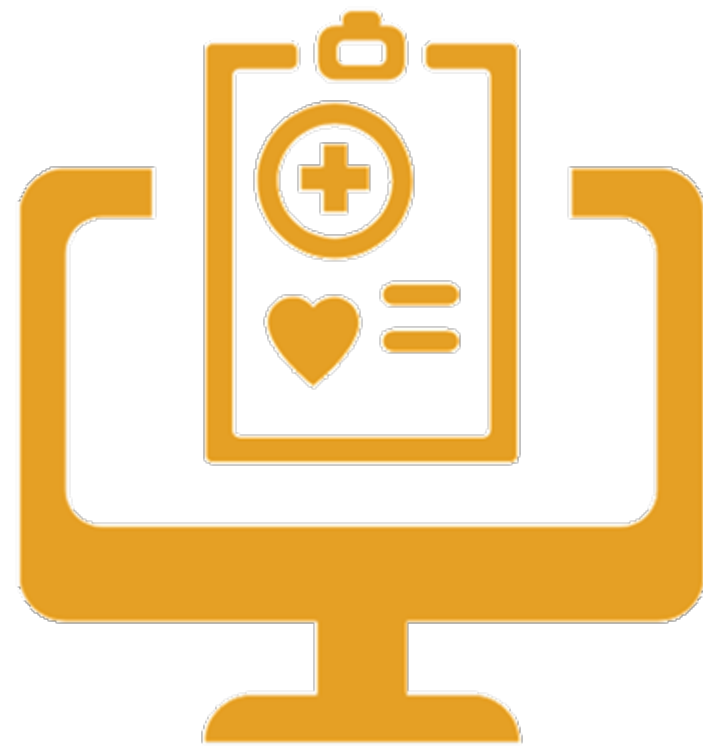
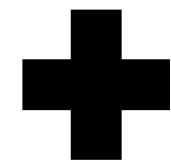


# Components of Integration:

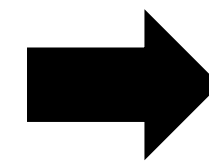
## 3) Single Electronic Health Record (EHR)



**EHR System 1**  
[Titanium]



**EHR System 2**  
[Input Health]

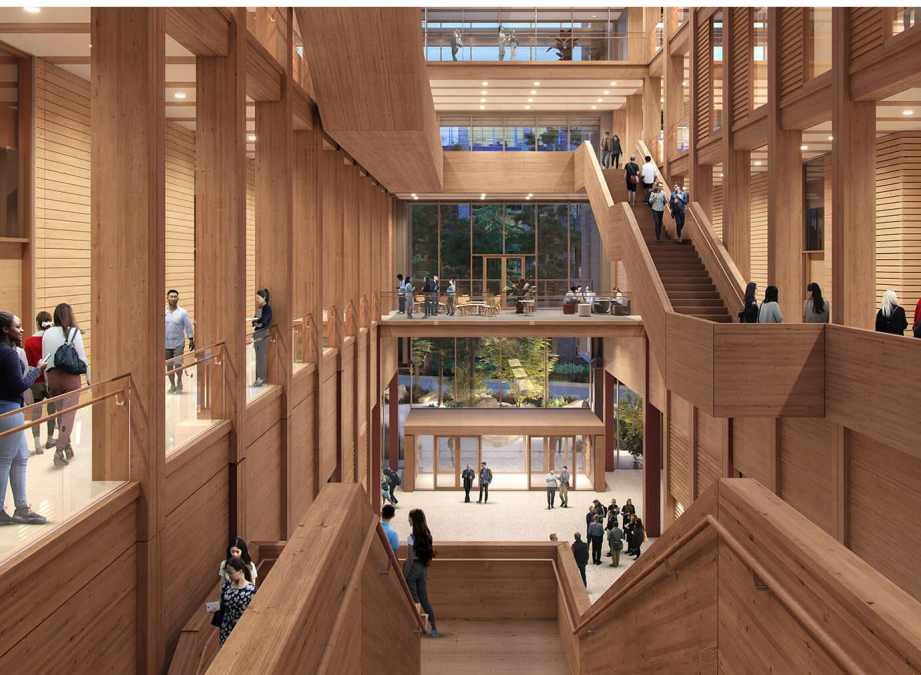
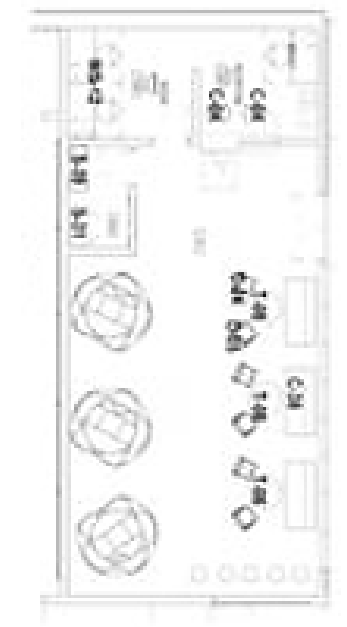


**Integrated EHR**  
**System**



# Components of Integration:

## 4) Relocation to Gateway Building





# Components of Integration:

## 5) Partnership Opportunities



**School of  
Nursing**



**Student Health  
and Wellbeing**



**School of  
Kinesiology**



**UBC Health**



# Equity, Diversity, and Inclusion



## 1 Optimize **Indigenous Mental Health and Wellbeing (IMHW)**

- Develop the Indigenous Mental Health and Wellness Team (3 providers)
- Support Indigenous students across the UBC Vancouver campus through culturally sensitive, trauma-informed approaches

## 2 Mental Health **Decolonization** project

- An action research project to explore decolonization, how it informs the work we do, cultural humility practices, client self-determination and Indigenous perspectives on mental health and wellbeing

## 3 **SHW Staff training**

- Trained in unconscious bias, creating LGBTQ+ spaces, trans care and decolonization

## Increase **Diversity of Staff**

- ### 4
- Questions on equity, diversity, and inclusion in hiring interviews
  - Purposeful hiring to increase the diversity of our staff across SHW to reflect the student population





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OF BRITISH COLUMBIA**

